



**Gainesville Dermatology
Aesthetic Center**

Laser Hair Removal Treatment Protocol

Pre-Treatment Care Instructions

- Avoid tanning or any sun exposure for 4 to 6 weeks before treatment by applying sunscreen or wearing protective clothing
- Do not wax or have any electrolysis 6 weeks prior to first treatment or during the treatment process in the treated area
- If the pigment in your skin is dark, you may be asked to use bleaching cream in the treated areas
- Shave the area the day of your treatment
- Please inform practitioner of any photo-sensitive medications you are taking (i.e. antibiotics, Retin-A, St. Johns Wort, Accutane, etc.)

Post-Treatment Care Instructions

- Avoid sun and apply sunscreen to treated area for at least two weeks following treatment. Use a sunscreen of SPF 30 or higher on treated area for 6 weeks following each treatment
- Shortly after treatment, areas may be tender, slightly red and/or swollen. This usually dissipates within a few hours following treatment. If swelling occurs, apply an ice pack for 15 minutes to affected area
- No abrasive scrubbing in the treated area for 3 to 4 days following treatment. Avoid direct and indirect heat (such as hot showers, blow dryers, etc) in the treated area
- Treated area can be shaved or clipped. DO NOT wax, tweeze or have electrolysis in this area during the entire treatment process
- Some shedding or extrusion of treated area will occur 2 to 4 weeks following treatment
- In the worst case scenario, oozing, crusting, and scabbing may occur. Do not pick or remove scabs that may appear, as this could cause scarring. If the area begins to itch, an oral antihistamine may be taken 1 to 3 days if required
- Do not irritate treated area chemically or mechanically for 7 to 10 days following each treatment
- Make-up can be applied lightly following treatment. Please talk with the practitioner concerning any questions about make-up

Patient/Guardian Signature

Practitioner Signature

Date